

# Living and Sharing Jesus-Shaped Life



## What shapes you? How are you shaping others?

To be Christian is to follow and be shaped by Jesus. People everywhere are hungry for the abundant and transformative life Jesus makes possible. The movement to follow Jesus with passion, intention and joy is spreading.

In this Season of Intentional Discipleship and Disciple-Making, the world-wide Anglican family is prioritizing the call to be shaped by Jesus and to encourage others in that journey. **Together living and sharing Jesus-shaped life.**

## Who are Disciples?

Disciples respond to God's love and forgiveness, by learning to love and follow Jesus in every aspect of life and sharing that life with others.

*"The best decision anyone can ever make, at any point in life, in any circumstance, whoever they are, wherever they are, is to become a disciple of Jesus Christ."*

– Archbishop of Canterbury Justin Welby

## What is Discipleship?

Discipleship is an ongoing journey of learning and living the way of Jesus in community, for personal, communal and cultural transformation.

Discipleship requires mentoring, accountability and immersion in relationship with God, working out our faith in Jesus and sharing it with others through the power of the Holy Spirit. **This is Jesus-shaped life.**



# What is Living and Sharing Jesus-Shaped Life?

## Living

- Being disciples transforms our whole lifestyle and our whole lives.
- As disciples we are drawn into God's abundant life.

## And

- Jesus-shaped life is holistic.
- Living and sharing are interdependent; personal and cultural cannot be separated.

## Sharing

- God's love and generosity enables us to share ourselves and all that we have with others.
- As our lives are shaped by Jesus, we are bearers of the Good News and invite others into this abundance of life, so they can live and learn as His disciples.

## Jesus-Shaped Life

- God transforms us, by the power of the Holy Spirit, to become more like Jesus.

## Prayer for Living and Sharing Jesus-Shaped Life

Almighty God,  
You have called us to live and share  
Jesus-shaped life  
in a Jesus-shaped church  
for a Jesus-shaped world.  
Empower us with your Holy Spirit  
to live as disciples who make disciples  
of Jesus Christ our Lord and Saviour.  
Amen.



# Living the Five Marks of Jesus-Shaped Life

How we live Jesus-shaped life will vary from nation to nation, culture to culture, generation to generation. Whatever our context, we can strive to live out – and be transformed by – these characteristics of Jesus-shaped life (known as the Five Marks of Mission).

1. **Disciples Tell:** Proclaim the Good News of God's Kingdom.
  - Share and welcome stories of faith
  - Share faith through everyday living (family, work, school, community, church)
2. **Disciples Teach:** Teach, baptise and nurture new believers.
  - Read scripture daily
  - Pray daily
  - Gather regularly with others to worship, pray, share and learn
3. **Disciples Tend:** Respond to human need by loving service.
  - Care for personal spiritual, emotional, physical well-being
  - Give time and talents for the well-being of others
  - Protect the poor, marginalised and vulnerable
4. **Disciples Transform:** Work to transform unjust structures of society, challenging violence of every kind and pursuing peace and reconciliation.
  - Repent of all our sins, and both ask and offer forgiveness
  - Pursue reconciliation of broken relationships at personal life, community and society
  - Advocate for justice and peace
5. **Disciples Treasure:** Strive to safeguard the integrity of creation, and sustain and renew the life of the earth.
  - Live responsibly and creatively on earth
  - Care for the whole of creation

How are you practicing and sharing Jesus-shaped life with others in your area? Discover resources, share your stories and practices, gain inspiration, and build community at [www.jesus-shaped-life.org](http://www.jesus-shaped-life.org) or write to [jolyon.trickey@aco.org](mailto:jolyon.trickey@aco.org)

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